

COURSES ON INDIAN MUSIC THERAPY

1. CERTIFICATE COURSE ON APPRECIATION OF INDIAN MUSIC THERAPY

Eligibility: 18 years or above or Plus Two Course with aptitude for Music

THEORETICAL

1. WHAT IS MUSIC THERAPY—TYPES OF MUSIC THERAPY—FORMS OF MUSIC THERAPY
2. COMPARISON OF VOCAL AND INSTRUMENTAL MUSIC—NORTH AND SOUTH INDIAN MUSIC-
3. COMPARISON OF INDIAN AND OTHER INTERNATIONAL MUSIC THERAPY—
4. STUDY AND CONTRIBUTIONS OF FAMOUS FIVE MUSICIANS IN POPULARISING MUSIC THERAPY IN INDIA AND ABROAD FROM (each) CARNATIC AND HINDUSTANI MUSIC
5. RELATIONSHIP OF MUSIC THERAPY WITH MEDITATION, HEALING, WELLNESS, YOGA AND OTHER THERAPY FORMS.
6. Definition of Rhythm - Timbre - Sound - melody - Ragas - forms - Pitch- tone - micro tones -tempo - Instrumentation -

CLINICAL

1. DIFFERENT MUSICAL FORMS IN CARNATIC AND HINDUSTANI MUSIC
2. KNOWLEDGE OF ROLE OF VARIOUS RAGAS AND OTHER FORMS USEFUL FOR MUSIC THERAPY CLINICAL SESSIONS.
3. LISTENING HOURS /CLASS HOURS WITH GUEST FACULTY AND LISTENING TO ANY FIFTEEN OF THE FOLLOWING RAGAS:

FACULTY TO BE INVOLVED:

PRACTICING DOCTORS FROM LOCAL HOSPITALS

PRACTICING PARA MEDICAL STAFF FROM HOSPITALS

MUSICIANS

GUEST FACULTY WITH SUFFICIENT EXPOSURE TO THE SUBJECT OF INDIAN MUSIC THERAPY

PROGRAM FLOW CHART

- FORMATION OF ACADEMIC COUNCIL
- MEETING OF ACADEMIC COUNCIL
- Doctors/Corporate CEO/Entrepreneurs/Musicians/Heads of Cultural Organizations
- MEETING OF ADMINISTRATIVE COMMITTEE
- VC – REGISTRAR – COE – FINANCE DEPARTMENT- ART & CULTURE NOMINEE
- DISCUSSION AND FINALISATION OF INTRIM BUDGET FOR 2022-23
- MEETING WITH PRO-CHANCELLOR/CHANCELLOR
- SYNDICATE APPROVAL
- PRESS MEET AND ISSUE OF PRESS STATEMENT
- PREPARATION OF COURSE APPLICATION
- ADMISSION PROCEDURE
- WEBSITE UPDATE WITH COURSE INCLUSION
- INAUGURATION OF COURSE IN NOVEMBER 2022
- EMPANELMENT NOTIFICATION OF GUEST FACULTY
- ORIENTATION FOR GUEST FACULTY
- ORIENTATION FOR PARTICIPATING INSTITUTIONS/ORGANISATIONS

TERMS OF REFERENCE FOR BOS:

- Text books and reference works
- Journals
- Class and teaching hours.
- Content
- Methodology of teaching
- Assignments
- Workload
- Number of students per batch
- Duration of class
- Eligibility
- Contact classes – mandatory
- Evaluation method
- Eligibility of guest faculty
- Do's and Don't s for students and faculty

DIPLOMA COURSE ON INDIAN MUSIC THERAPY (1 YEAR Certificate/PG DEGREE)

Eligibility: Any Degree with aptitude for Music/ ~~ELECTIVES IN PG DEGREE~~

PAPER I: THEORETICAL FOUNDATIONS in INDIAN MUSIC THERAPY

UNIT-1

Definition of Music and Behaviour - Consciousness- Cognition - motivation - Stimulation - language barriers - memory - creativity - role of Dance in body movements -

UNIT-2

Short study of terms: Rhythm - Timbre - Sound - melody - Ragas - forms - improvisation - Instrumentation - Pitch- tone - micro tones -tempo -

UNIT-2

WHAT IS MUSIC THERAPY–TYPES OF MUSIC THERAPY– FORMS OF MUSIC THERAPY-GLOBAL PERSPECTIVE OF MUSIC THERAPY–

UNIT-3

SCOPE OF INDIAN MUSIC THERAPY–UTILITY OF INDIAN MUSIC THERAPY–VENUES OF INDIA MUSIC THERAPY–PATTERNS IN INDIAN MUSIC THERAPY

UNIT-4

COMPARISON OF VOCAL AND INSTRUMENTAL MUSIC–NORTH AND SOUTH INDIAN MUSIC-

UNIT-5

COMPARISON OF STANDARDS ADOPTED INDIAN AND OTHER INTERNATIONAL MUSIC THERAPY – TECHNIQUES APPLIED IN INDIAN MUSIC THERAPY AND OTHER NATIONS.

UNIT-6

A BRIEF STUDY OF INSTITUTIONS, EDUCATIONAL ORGANISATIONS AND OTHER HEALTH AGENCIES PRACTICING MUSIC THERAPY IN INDIA AND ABROAD-SPECIFICS OF INDIAN MUSIC THERAPY PROGRAM.

UNIT-7

STUDY AND CONTRIBUTIONS OF FAMOUS FIVE MUSICIANS IN POPULARISING MUSIC THERAPY IN INDIA AND ABROAD FROM (each) CARNATIC AND HINDUSTANI MUSIC.

UNIT-8

RELATIONSHIP OF MUSIC THERAPY WITH MEDITATION, HEALING, WELLNESS, YOGA ,AYURVEDA AND OTHER THERAPY FORMS.

UNIT-9

History ,growth and development of Music therapy in India. Role of Planetary Songs and other planetary forms that can be used for music therapy techniques.

UNIT-10

Intervention of Music and Medicine - suitability of Holistic and alternative curative approach -

PAPER -II - CLINICAL FOUNDATIONS OF INDIAN MUSIC THERAPY

UNIT-1

Factors aiding Co relation of Body , mind and Brain - Dynamics of Health Diseases - Types of Diseases- ailments - health issues - Diagnostic approaches to healing with Music Therapy - Psycho Numerous immunology (PNI) -

UNIT-2

Short study of Psychological theories relating to music therapy- relationship of Brain and Music therapy -

UNIT-3

Short study of Physiology of Body, Ear, Brain and theories relating to Music therapy.

UNIT-4

System of Rehabilitating Clients abused by various Socio Cultural aspects with Music therapy -

UNIT-5

Contribution of Western Music Therapists and Musicians in developing of Music Therapy -

UNIT-6

Relevance of Time theory of Ragas - Rasas and emotions attributed to healing process in Indian Music Therapy -

UNIT-7

Chakras or Energy Spots and their importance in healing process in body and mind

UNIT -8

Role of Astrology, Medical Astrology and cosmology as aid to healing and wellness programs in Indian music therapy.

UNIT-9

Influence and Role played by Home - Parents - Schools - Other Institutions of learning - Music Sabhas and other organizations - Society - Cultural values - in healing and curing with Indian Music Therapy

CLINICAL (Practical) Paper I

1. OBSERVING AND WORKING ON SHORT PROJECTS WITH DOCTORS AND PARA MEDICAL STAFF AT HOSPITAL AND HEALTH INSTITUTIONS
2. COLLECTING DATA SAMPLES FROM CHILDREN, SENIOR CITIZENS, DEPRESSIVE GROUPS AND OTHER TYPES OF PEOPLE REQUIRING MUSIC THERAPY
3. EFFECT OF INDIAN MUSIC THERAPY THROUGH PSYCHOSOMATIC, CLINICAL AND ORGANIC TREATMENTS OF SELECT HEALTH AREAS

CLINICAL (Practical) Paper II

1. ATTENDING CONCERTS AND EVENTS AND COLLECTION OF MINIMUM NUMBER OF SPECIFIED DATA
2. CONDUCTING PRACTICAL CLINICAL MUSIC THERAPY SESSIONS OF AT LEAST FIVE CASE STUDIES IN SELECTED CENTRES.
3. LISTENING HOURS /CLASS HOURS WITH GUEST FACULTY AND LISTENING TO ANY FIFTEEN (15) OF THE FOLLOWING RAGAS in

Carnatic and Hindustani Music

Hindola - Todi - Mohana - Kalyani - Varali - Sahana - Kapi - Bhairavi -
Nilambari - Saveri Kanada - Darbari Kanada - Nata - Sankarabharana -
Ananda bhairavi - Ritigaula - Madhyamavati - Shanmukhapriya - Kambhoji
Any of the TEN (10) Hindustani Ragas: Bhairav - Malavagaula - Misra Kapi -

ADDITIONAL UNITS:

- How does music therapy can assist in controlling health issues: Depression, Stress, Anxiety, Autism and children related issues, Sleeplessness, Dementia, Diabetes, Blood Pressure, heart conditions, Pain management,
- Understanding the support of Medical Professional, Para medical Staff and Music Therapist in clinical and emotional perspectives of Indian music therapy.
- Historical foundations of Indian Music therapy –Study and Life history and contributions of Composers of Indian Music in the growth of Indian Music therapy -
- Music therapy for developing Brain and Mind-Controlling Body Parts with Music therapy -Emotions and Feeling –a paradigm with music therapy